

## 2016 VANCOUVER ISLAND REGION ZONE SWIM CHAMPIONSHIPS

Sunday, November 6, 2016

Saanich Commonwealth Pool

4636 Elk Lake Dr, Victoria, BC Tel: 250-475-7600

### MEET PACKAGE

Warm-ups	9:30am
Coaches Meeting	10:30am
Officials Meeting	10:00am
Events	11:00 – 4:00pm
Course:	25 metres - 8 Lanes, 2 Cool Down Lanes
	Starting blocks and Omega Electronic Timing System
	Timed Finals Meet

#### Special Notes:

- No SNC / SWIM BC Sanction for this competition
- Swim Academy athletes are allowed to compete in the A category only.

#### Team Sport Registration

It is the responsibility of coaches to ensure that their school is registered with BC School Sports and in Aquatics by the deadline specified by BC School Sports. Each athlete must be registered in their eligible category, by the final roster deadline of October 17, 2016, 7:30pm.

#### Meet Entry Deadline: Thursday, October 27, 2016

BC School Sports Aquatic Commission is requiring all zone meets and entries use Hytek Meet Manager software. Here is a link to the Hytek Team Manager page where schools can download the Lite version:

<http://www.hy-tek.com/downloads.html>

If your school is unable to complete the entries using Hytek Lite, you may use the Excel sheet emailed to you for 2016. All Meet Entries and completed Ex Net Rosters must be emailed to [vihschoolswimming@gmail.com](mailto:vihschoolswimming@gmail.com) by Thursday October 27. Late entries cannot be accepted.

**Entry fees: \$30** per swimmer up to a maximum of 4 events, including alternates (\$30 = \$25 plus \$5 high performance fee for Saanich Commonwealth Place)

Cheques made payable to **School District 63 (Saanich)**.

#### Meet Officials

Meet Manager: Laurel Laturnus

Meet Referee: Betsy Dunphy

Clerk of Course: Gillian Fehr

Electronics Operators: David Burton, Bruce Moore, Paul Larkin

## **Classification of Swimmer Categories and Rule Clarification**

All swimmers are limited to a total of four events including alternate entries. No time(s) recorded at this meet by SNC / SwimBC members may be used for Provincial or National Qualification or any Team selection since this is an unsanctioned event.

### **A Category**

- B swimmers can compete in the A Category due to no SNC sanction
- No SNC number is required to swim in the A Category
- If a swimmer has competed in a winter meet after January 1st, 2016 with a SNC number then he or she is classified as an A Category swimmer. If they have quit at any time in 2016, they will still be "Open" swimmers for this year's Zone Championship.
- Any swimmer belonging to a Swim Academy is classified as an Open Category swimmer as per BC School Sports rules.

If swimmers are registered in the wrong category at VI Region Zones (ie in the B category when they should be swimming Open), they will be disqualified in their individual events and relays. Please ensure that your swimmers are being honest about their swimming background. A complaint could result in a severe impact on the swimmer's school's results.

### **B Category**

- As of January 1st of the championship year, a B Category swimmer trains and competes from May 1st to Sept. 30th with no restrictions.
- From Sept. 30th to April 30th a B swimmer may train with their high school team and may participate in other speed swimming training (eg. Winter maintenance, Triclub, private coaching, etc.) as long as it does not exceed 2 hours/week.
- *Waterpolo and synchro training are not restricted.*
- B swimmers may swim in the A category for individual events
- B swimmers may swim in B or A category relays but may not swim in the same relay in both the A and B event. (Ex: A 200 Free Relay OR B 200 Free but not both).

### **C Category**

- Novice swimmers who have had no experience with any club in the past may swim as C Category.
- Enter C swimmers in the B events, but make sure to list them as C swimmers in the drop down menu of the 2nd sheet in the entries spreadsheet.
- At Regionals, C swimmers will race with B swimmers, but for points purposes will be pulled and put into a separate results category. Ribbons will also be awarded for the C Category.
- In order to qualify for Provincials, C swimmers must place in the top 5 in their event, including the B swimmers.

### **Para Category \*NEW INFO\***

- Any Para swimmer MUST be officially classified to compete in this category for the provincial meet. See classes below as per SNC.  
Classes 1-10 – are allocated to swimmers with a physical disability  
Classes 11-13 – are allocated to swimmers with a visual disability  
Class 14 – is allocated to swimmers with an intellectual disability  
Please contact Janet Dunn at Swim Canada at [classification@swimming.ca](mailto:classification@swimming.ca) for more details.
- All the para swimmer classifications and their rule exceptions for the meet manager, electronics operator, and the officials is found here:  
<https://www.swimming.ca/en/resources/para-swimming/para-swimming-classification/>
- Here's the link to request classification:  
<https://www.swimming.ca/en/resources/para-swimming/request-for-sport-class-form/>
- Swimmers in this category must compete at their zone meet but automatically qualify for the provincial championships in any event which they complete to a maximum of 4 events.
- Swimmers with a disability may swim in the A or B categories but may not swim in the same stroke in two different categories (ex. 100 Fly A and 50 fly PARA).
- IPC Swimming Rules will apply to all PARA events.

### **Swim Academy Resolution**

At the BCSS 2015 AGM, a resolution to remove the section in the BC School Sports Handbook on Sport Specific Education Programs (i.e. swim academies) was carried. Therefore, each sports commission will make their own rules regarding the eligibility of high school sport academy athletes.

Swim academy athletes are now allowed to participate in all levels of Aquatics in the A category only.

### **Meet Rules**

1. All competitors must be registered with BC School Sports (BCSS) and meet BCSS eligibility rules. Any swimmer who is not registered faces disqualification and/or school fines.
2. Swim meet rules governing may be a combination of SNC, SWIM BC, and BCSSA rules.
3. Competitors must wear only one swimsuit. For boys, the suit shall not extend above the navel or below the knee. For girls, the suit shall not cover the neck, nor extend past the shoulder, nor extend below the knee. All swim suits shall be made from textile materials and have no zippers.
4. Each swimmer is limited to a total of 4 events. These events may be individual swims, relays or a combination. Listing as an alternate on a relay will count as one of the 4 events.
5. No time (NT) entries will NOT be allowed for seeding purposes. "C" swimmers will be seeded by entry times against "B" swimmers, therefore entry times are mandatory to ensure that they swim against swimmers with similar times. All swimmers must be entered with an entry time, or the entries will not be accepted. No entry time = no swim.  
The Clerk of the Course will NOT contact coaches who enter swimmers with no times.
6. The meet will run card less. Coaches are responsible for getting swimmers to the blocks.  
Swimmers who miss their event will not be allowed to re-swim the event.
7. Start: Clarification will be at the Coaches meeting
8. Swimmer's age must be included on the entry grid.

## Relay Rules

9. Any swimmer who swims at the zone meet is eligible to swim on a relay at the Provincial meet.
10. Mixed relay events must include 2 boys and 2 girls
11. Mixed relay teams may be entered by combining 2 single gender schools.

## ENTRY INSTRUCTIONS

1. Entries are to be completed using Hytek. If a school is unable to download and use Hytek, entries will be accepted using an Excel spreadsheet, pre-formatted for the Vancouver Island zone meet. The Excel sheet will be emailed to each school. Schools can download the Hytek Lite version from the Hytek Team Manager page at:  
<http://www.hy-tek.com/downloads.html>
2. If using the Excel spreadsheet, please complete each column with your team's information, swimmer information, individual entries and relay entries. The only field that is optional is the Athlete ID. Instructions are on the first tab of the spreadsheet.
3. Completed entries/spreadsheets should be e-mailed to [vihighschoolswimming@gmail.com](mailto:vihighschoolswimming@gmail.com) prior to the entry deadline of **Thursday October 27, 6:00pm**.
4. A psych sheet and fee report will be sent by e-mail on **Sunday October 30**.
5. Once the meet is seeded, scratches will be taken, but the meet WILL NOT BE RESEDED – No Exceptions!
- 7 Corrections and Scratches must be returned to [vihighschoolswimming@gmail.com](mailto:vihighschoolswimming@gmail.com) prior to - Noon **Tuesday November 1, 12:00pm**. Corrections are for input errors only, and are not intended for you to change swimmers' events once you have seen the psych sheet. You must save, print off a copy of your entries and bring to the meet.
- 8 Following the Zone meet **Provincial scratches** must be made by **Monday, November 14, 2016**. This includes any alternates that will move into the spots. Alternates will not be allowed after the scratch deadline.

## SWIMMER REGISTRATION

You will need to have the following for registration in order for your swimmers to participate at the Zone Championships. The Registration Desk will be located on the pool deck just outside the electronic/ announcer's room.

- 1) Fee Report and Entries– this will reflect the Entries submitted by the Thursday October 27, 2016 deadline – there will be no refunds for scratches.
- 2) Payment – Please make all cheques payable to School District 63 (Saanich).
- 3) Coach / Sponsor Contact Information Form
- 4) Completed BCSS Ex Net Roster
- 5) SCRATCHES

30 minutes before the meet begins (by 10:30am), coaches must inform the Clerk of the Course of any scratched swimmers. Deck entries and changes are not permitted.

## TEACHER SPONSOR

Each team must be accompanied at all times by a teacher sponsor. This requirement may be fulfilled by the principal of a school sending a letter with another team, designating a teacher/ sponsor/chaperone from within the same school district as being responsible.

No teacher/ sponsor/chaperone: No letter = No swimming !

## Advancing to Provincial Championships: November 18 & 19, 2016, Kamloops, BC

The top 5 entries in each individual event for swimming qualify for the Provincial Championships. The top 5 relays teams per relay event also advance with the EXCEPTION that only two relays may advance to Provincials from the same school.

Remember to enter PARA swimmers in the B category events. After Zones they will be seeded in the appropriate Event number for Provincial Championships.

## AWARDS AND SCORING

RIBBONS: Individual events: awarded to 8th place.

Relay events: awarded to 3rd place.

Ribbons will be made available to school coaches or a designate at the end of the meet. We will try to have ribbons ready less than 30 minutes after the end of the meet, so please try and have someone stay behind to take them home.

## Points System for Scoring the Zone Championship Meet

### Individual events

1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8th
10	8	6	5	4	3	2	1

### Relay events

1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8th
20	16	12	10	8	6	4	2

PARA scoring is a reverse format and based on the number of swimmers in each event.

Example: 8 swimmers (20-18-16-15-14-13-12-11)

4 swimmers (14-13-12-11)

1 swimmer (11)

TROPHIES: Please bring all perpetual trophies to the meet and return them to the registration desk.

PERPETUALS: Overall Winner    Total points "A" + "B" + "C"  
Most "A" + "B" Individual points  
Top "A" Team - Individual Events  
Top "B" Team - Individual Events  
Top "C" Team - Individual Events

PLAQUES: Team

Team Excellence (Most points per team member)

Most Relay Points

Most "A" relay points

Most "B" relay points

### **BOB SMIRL AQUATIC AWARD ( \$300.00 )**

Bob Smirl was a dedicated swimmer (backstroker), who made a lifelong commitment to developing and promoting swimming in the community.

The Award will be made to a graduating student for outstanding contributions to the sport of swimming, who exhibits qualities of Leadership, Sportsmanship and Athletic Ability.

Nominations should be sent to [vihighschoolswimming@gmail.com](mailto:vihighschoolswimming@gmail.com). The Nominations deadline is Thursday October 27, 2016.

### **PROVINCIAL SCHOLARSHIPS**

Six scholarships in the amount of \$250 each will be awarded this year at Provincials. Three will be presented to both female and male swimmers. Eligible swimmers must be competing in speed swimming at the Provincial Championships and be in Grade 12. Winners will be selected by a random draw at the AGM.

Teacher sponsors/coaches: Please forward the name of ONE male swimmer and ONE female swimmer from your school's team. Please include swimmer's NAME, GENDER, and SCHOOL.

Forward nominations to: Bambi Roy [broy@mulgrave.com](mailto:broy@mulgrave.com) by Thursday, Nov. 17th, 2016 or bring the names to the AGM.

**VAN-ISLE ZONE SWIMMING CHAMPIONSHIPS**  
**ORDER OF EVENTS**

<b>Event #</b>	<b>Event</b>	<b>Category</b>	<b>Event #</b>	<b>Event</b>	<b>Category</b>
<b>1</b>	200 Medley Relay	Girls B	<b>24</b>	100 Freestyle	PARA
<b>2</b>	200 Medley Relay	Boys B	<b>25</b>	100 Freestyle	Girls B
<b>3</b>	200 Medley Relay	Girls A	<b>26</b>	100 Freestyle	Boys B
<b>4</b>	200 Medley Relay	Boys A	<b>27</b>	100 Freestyle	Girls A
			<b>28</b>	100 Freestyle	Boys A
<b>5</b>	50 Freestyle	PARA			
<b>6</b>	50 Freestyle	Girls B	<b>29</b>	200 Mixed Medley Relay	B
<b>7</b>	50 Freestyle	Boys B	<b>30</b>	200 Mixed Medley Relay	Open
<b>8</b>	50 Freestyle	Girls A			
<b>9</b>	50 Freestyle	Boys A	<b>31</b>	50 Butterfly	PARA
			<b>32</b>	50 Butterfly	Girls B
<b>10</b>	50 Backstroke	PARA	<b>33</b>	50 Butterfly	Boys B
<b>11</b>	50 Backstroke	Girls B	<b>34</b>	100 Butterfly	Girls A
<b>12</b>	50 Backstroke	Boys B	<b>35</b>	100 Butterfly	Boys A
<b>13</b>	100 Backstroke	Girls A			
<b>14</b>	100 Backstroke	Boys A	<b>36</b>	200 Mixed Free Relay	B
			<b>37</b>	200 Mixed Free Relay	Open
<b>15</b>	400 Free Relay	Girls B			
<b>16</b>	400 Free Relay	Boys B	<b>38</b>	100 I.M.	PARA
<b>17</b>	400 Free Relay	Girls A	<b>39</b>	100 I.M.	Girls B
<b>18</b>	400 Free Relay	Boys A	<b>40</b>	100 I.M.	Boys B
			<b>41</b>	200 I.M.	Girls A
<b>19</b>	50 Breaststroke	PARA	<b>42</b>	200 I.M.	Boys A
<b>20</b>	50 Breaststroke	Girls B			
<b>21</b>	50 Breaststroke	Boys B	<b>43</b>	200 Free Relay	Girls B
<b>22</b>	100 Breaststroke	Girls A	<b>44</b>	200 Free Relay	Boys B
<b>23</b>	100 Breaststroke	Boys A	<b>45</b>	200 Free Relay	Girls A
			<b>46</b>	200 Free Relay	Boys A

## COACH/ SPONSOR CONTACT INFORMATION

Complete and bring with your school's meet fees. **\$30** per swimmer entered.

(\$30 = \$25 plus \$5 high performance fee for Saanich Commonwealth Place)

Cheques made payable to **School District 63** (Saanich).

SCHOOL		CODE	
SCHOOL PHONE		SCHOOL FAX	
NAME COACH/SPONSOR			
SCHOOLS COACHED			
EMAIL		PHONE WORK	
PHONE CELL		PHONE HOME	
Are you a:	Teacher Sponsor <input type="checkbox"/>	Student Coach <input type="checkbox"/>	
	Community Coach <input type="checkbox"/>	Other <input type="checkbox"/>	
# of practice times offered per week:			
# Swimmers attending:			
# Spectators attending:			
# of volunteers for:	TIMING:	STROKE & TURN:	

Swim meets require volunteers to run!

Every school must have a minimum of 2 timers and one Official working at any one time during the meet.

SIGN UP sheets will be posted on the mezzanine wall above the Timing office.

NOTE: Each swimmer must be entered for events under his/her own school, regardless of who coaches them.