

2017 BC School Sports Vancouver Island Aquatic Championships

Sunday, October 22, 2017
Nanaimo Aquatic Centre
741 Third Street, Nanaimo, BC V9R 7B2

MEET PACKAGE

Warm-ups	9:00am – 10:45am (group and lane assignment to follow)
Officials Meeting	10:00am
Coaches Meeting	10:30am
Events	11:00 – 4:00pm
Course:	25 metres - 8 Lanes, 2 Cool Down Lanes Starting blocks and Colorado Electronic Timing System Timed Finals Meet

Special Notes:

- No SNC / SWIM BC Sanction for this competition
- Swim Academy athletes are allowed to compete in the A category only.

Team Sport Registration

It is the responsibility of coaches to ensure that their school is registered with BC School Sports (BCSS) and in Aquatics by the deadline specified by BCSS (October 4, 2017). Roster registration for each athlete must be completed in STARS by BCSS' deadline of October 18, 2017. Late registrations are assessed penalty fines by BCSS.

Meet Entry Deadline: *Thursday, October 12, 2017* at MIDNIGHT

The Aquatic Commission is requiring meet entries use Hytek Team Manager. Schools can download the Lite version of Hytek Team Manager for free from

<http://www.hy-tek.com/downloads.html> Refer to the online User Guide or the instruction cheat sheet provided by the zone rep. If your school is unable to complete entries using Hytek, contact the zone rep.

Email all Meet Entries and completed Ex Net Rosters to vihighschoolswimming@gmail.com by Thursday October 12. Late entries will not be accepted.

Entry fees: \$30 per swimmer up to a maximum of 4 events, including relays & alternates
Cheques made payable to **School District 68 (Nanaimo)**.

Meet Officials

Meet Manager: Laurel Laturnus

Meet Referee: Brian Kirkhope

Clerk of Course: Gillian Fehr

Electronics Operators: Robb Todd, Bruce Moore, Paul Miller

Warm-ups

- Warm-Up Lane assignment will be posted at the meet
- Two warm-up lanes will be available throughout the meet
- Coaches are to instruct their swimmers on how to enter the pool (no diving except in designated sprint lanes) Swim Canada Warm Up rules will apply.
- **Sprint Lanes** will open in Lanes 1 and 8 ten minutes before the close of each warm-up group.

Classification of Swimmer Categories

All swimmers are limited to a total of four events including alternate entries.
This is an unsanctioned meet. No time(s) recorded at this meet by SNC / SwimBC members may be used for Provincial or National Qualification or any Team selection since this is an unsanctioned event.

All swimmers must be correctly classified or they will be disqualified in their individual events and relays. Please ensure your swimmers are honest about their swimming background. A complaint could result in a severe impact on the swimmer's school's results.

A Category

- ***New***: If a swimmer has competed in a swim meet between Sept 1st-April 30th with a SNC number then he or she is classified as an A category swimmer. As this was a new rule implemented at the 2016 AGM, there will be an exception granted to swimmers who competed in a winter meet between November 18, 2016 and December 31, 2016
- B swimmers can compete in any A Category at their option
- No SNC number is required to swim in the A Category
- Swim academy athletes must participate in in the A category only

B Category

- As of January 1st of the championship year, a B Category swimmer trains and competes from May 1st to Sept. 1st with no restrictions
- From Sept. 2nd to April 30th a B swimmer may train with their high school team and may participate in other speed swimming training such as winter maintenance, Triclub, private coaching. Total training time (in addition to unrestricted high school practice) as described MAY NOT exceed 2 hours per week or the swimmer is designated as an 'A' swimmer.
- Waterpolo and synchro training times are not restricted.
- Any swimmer who is classified in the 'A' category and who is registered in a 'B' event will be disqualified from the Meet. This includes relay teams.
- B swimmers may swim in B or A category relays but may not swim in the same relay in both the A and B event. (ie. 200 Free A Relay OR 200 Free B Relay but not both).

C Category

- Novice swimmers who have had no experience with any club in the past may swim as C Category.
- Coaches: Enter C swimmers in the B events, but make sure to list them as C swimmers.
- At Regionals, C swimmers will be seeded and race with B swimmers; results will be separated for points purposes and put into a separate category. Ribbons are awarded for the C Category.
- In order to qualify for Provincials, C swimmers must place in the top 5 in the B event.

Para Category

- A documented Para swimmer can compete in any BCSS event with no classification or SNC number.
- He or she will be placed in order of finish by gender.

Championship Meet Rules

1. All competitors must be registered with BC School Sports (BCSS) and meet BCSS eligibility rules. Any swimmer who is not registered faces disqualification and/or school fines.
2. All strokes shall be swum in accordance with SNC rules.
3. Competitors must wear only one swimsuit. For boys, the suit shall not extend above the navel or below the knee. For girls, the suit shall not cover the neck, nor extend past the shoulder, nor extend below the knee. All swim suits shall be made from textile materials and have no zippers.
4. Each swimmer is limited to a total of 4 events. These events may be individual swims, relays or a combination. Listing as an alternate on a relay will count as one of the 4 events.
5. No time (NT) entries will NOT be allowed for seeding purposes. "C" swimmers will be seeded by entry times against "B" swimmers, therefore entry times are mandatory to ensure that they swim against swimmers with similar times. All swimmers must be entered with an entry time, or the entries will not be accepted. No entry time = no swim. The Clerk of the Course will NOT contact coaches who enter swimmers with no times.
6. The meet will run cardless. There is no Marshalling. Coaches are responsible for getting swimmers to the blocks. Swimmers who miss their event will not be allowed to re-swim the event.
7. Start will be a series of short whistle blasts followed by a long whistle at which time the swimmers will mount the blocks. The Referee will signal the starter by an outstretched arm, following which the starter will instruct the swimmers to "take their marks" and will then cause a beep signal. The swimmers will start on the beep signal.
8. Swimmer's age must be included on their entry.
9. A Category swimmers may not compete in B events.
10. B Category swimmers may compete in both individual and relay A Category events.

Relay Rules

11. Any swimmer who swims at the zone meet is eligible to swim on a relay at the Provincial meet even if they did not swim on that or any relay at the zone meet.
12. Mixed relay events must include 2 boys and 2 girls.
13. Mixed relay teams may be entered by combining 2 single gender schools.

ENTRY INSTRUCTIONS

1. Entries are to be completed using Hytek. Download Hytek Team Manager Lite for free at: <http://www.hy-tekltd.com/downloads.html>. If a school is unable to download and use Hytek Team Manager Lite, contact the Zone rep for assistance.
2. Refer to Hytek's online User Guide for information or the instruction guide provided.
3. Email completed entries to vihighschoolswimming@gmail.com by **Thursday October 12, 11:59pm**.
4. A psych sheet and fee report will be sent by e-mail on Sunday October 15. Please review for any errors and advise of necessary corrections. Corrections and Scratches must be returned to vihighschoolswimming@gmail.com prior to Noon **Tuesday October 17, 12:00pm**. Corrections are for input errors only, and are not intended for you to change swimmers' events once you have seen the psych sheet. You must save, print off a copy of your entries and bring to the meet.
5. Once the meet is seeded, scratches will be taken, but the meet WILL NOT BE RESEEDDED.
6. Following the Zone meet, **Provincial scratches** must be made by **Friday, November 10, 2016, 5:00pm**. This includes any alternates that will move into the spots. Alternates will not be allowed after the scratch deadline.

TEAM REGISTRATION

The team's teacher sponsor or approved designate must check in at the Registration Desk located in the Nanaimo Aquatic Centre Lobby before Warm Ups. You will need to have the following for registration in order for your swimmers to participate at the Zone Championships.

- 1) Fee Report and Entries– this will reflect the Entries submitted by the Thursday October 12, 2017 deadline – there will be no refunds for scratches.
- 2) Payment – Please make all cheques payable to School District 68 (Nanaimo).
- 3) Coach / Sponsor Contact Information Form (page 8 of this meet package)
- 4) Completed BCSS Ex Net Roster

SCRATCHES: Coaches must inform the Clerk of the Course of any scratched swimmers. Scratches will be accepted up to 30 minutes prior to the start of the meet (Deadline 10:30am). Deck entries and changes are not permitted.

TEACHER SPONSOR

Each team must be accompanied at all times by a teacher sponsor. This requirement may be fulfilled by the principal of a school sending a letter with another team, designating a teacher/ sponsor/chaperone from within the same school district as being responsible.

No teacher sponsor/chaperone: No letter = No swimming !

Advancing to Provincial Championships

November 17 & 18, 2017, Richmond, BC - Watermania

The top 5 entries in each individual event qualify for the Provincial Championships.

The top 5 relay teams per relay event advance, with the EXCEPTION that only two relays from the same school per event may advance to Provincials.

Remember to enter PARA swimmers in the B category events. After Zones they will be seeded in the appropriate Event number for Provincial Championships.

AWARDS AND SCORING

RIBBONS: Individual events awarded to 8th place

Relay events awarded to 3rd place

Ribbons will be made available to school coaches or a designate at the end of the meet within 30 minutes if possible. Please pick up your school's ribbons before leaving the pool.

Points System for Scoring the Zone Championship Meet

Individual events

1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8th
10	8	6	5	4	3	2	1

Relay events

1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8th
20	16	12	10	8	6	4	2

PARA scoring is a reverse format and based on the number of swimmers in each event.

Example: 8 swimmers (20-18-16-15-14-13-12-11)

4 swimmers (14-13-12-11)

1 swimmer (11)

TROPHIES: Several perpetual trophies cannot be found. Please check your school trophy case and bring any swimming trophies to the meet Registration desk.

PERPETUALS: Overall Winner Total points "A" + "B" + "C"
Most "A" + "B" Individual points
Top "A" Team - Individual Events
Top "B" Team - Individual Events
Top "C" Team - Individual Events

PLAQUES: Team Team Excellence (Most points per team member)
Most Relay Points
Most "A" relay points
Most "B" relay points

BOB SMIRL AQUATIC AWARD (\$300.00) - Vancouver Island region

Bob Smirl was a dedicated swimmer (backstroker), who made a lifelong commitment to developing and promoting swimming in the community.

The Award will be made to a graduating student for outstanding contributions to the sport of swimming, who exhibits qualities of Leadership, Sportsmanship and Athletic Ability.

Nominations detailing the student's merits should be sent to vihighschoolswimming@gmail.com. The Nominations deadline is Thursday October 12, 2016.

The Award Committee will announce the recipient during the meet.

PROVINCIAL BURSARIES

- ❖ Six bursaries in the amount of \$250 each will be awarded this year.
- ❖ Three will be presented to both female and male swimmers.
- ❖ Eligible swimmers must be competing in speed swimming at the Provincial Championships and be in Grade 12.
- ❖ Winners will be selected by a random draw at the AGM.
- ❖ **Teacher sponsors/coaches** : Please forward the name of ONE male swimmer and ONE female swimmer from your team. Submit your athlete names here:

https://docs.google.com/forms/d/e/1FAIpQLScmBRhatGrqUXLBJF8hJUd6A17L34WRQJVo71dC7vXmXTg3wA/viewform?usp=sf_link

- ❖ Winners will be announced on Saturday morning, November 18 prior to the start of Finals.

VAN-ISLE ZONE SWIMMING CHAMPIONSHIPS
ORDER OF EVENTS

Event #	Event	Category		Event #	Event	Category
1	200 Medley Relay	Girls B		24	100 Freestyle	PARA
2	200 Medley Relay	Boys B		25	100 Freestyle	Girls B
3	200 Medley Relay	Girls A		26	100 Freestyle	Boys B
4	200 Medley Relay	Boys A		27	100 Freestyle	Girls A
				28	100 Freestyle	Boys A
5	50 Freestyle	PARA				
6	50 Freestyle	Girls B		29	200 Mixed Medley Relay	B
7	50 Freestyle	Boys B		30	200 Mixed Medley Relay	Open
8	50 Freestyle	Girls A				
9	50 Freestyle	Boys A		31	50 Butterfly	PARA
				32	50 Butterfly	Girls B
10	50 Backstroke	PARA		33	50 Butterfly	Boys B
11	50 Backstroke	Girls B		34	100 Butterfly	Girls A
12	50 Backstroke	Boys B		35	100 Butterfly	Boys A
13	100 Backstroke	Girls A				
14	100 Backstroke	Boys A		36	200 Mixed Free Relay	B
				37	200 Mixed Free Relay	Open
15	400 Free Relay	Girls B				
16	400 Free Relay	Boys B		38	100 I.M.	PARA
17	400 Free Relay	Girls A		39	100 I.M.	Girls B
18	400 Free Relay	Boys A		40	100 I.M.	Boys B
				41	200 I.M.	Girls A
19	50 Breaststroke	PARA		42	200 I.M.	Boys A
20	50 Breaststroke	Girls B				
21	50 Breaststroke	Boys B		43	200 Free Relay	Girls B
22	100 Breaststroke	Girls A		44	200 Free Relay	Boys B
23	100 Breaststroke	Boys A		45	200 Free Relay	Girls A
				46	200 Free Relay	Boys A

