

BC School Sports Provincial Aquatics Championships

Friday, Nov. 16 & Sat, Nov. 17, 2018

Watermania, 14300 Entertainment Blvd.,
Richmond, BC V6W 1K3 Tel: (604) 448-5353

| | | |
|--------------------------|--------------------------|-------------------|
| Friday Session | Coaches Meeting/AGM | 8:00 am |
| | Warm-up 1 | 9:45 – 10:15 am |
| | Warm-up 2 | 10:15 – 10:45 am |
| | Timers/Officials Meeting | 10:30 am/2 pm |
| | Heats | 11:00 am |
| | Finish | 6:00 pm (approx.) |
| | Saturday Session | Warm-up 1 |
| Warm-up 2 | | 8:15 – 8:45 am |
| Timers/Officials Meeting | | 8:30 am |
| Finals | | 9:00 am |
| Finish & Awards | | 2:00 pm (approx.) |

Note: This is an unsanctioned meet.

Important Dates:

- **Wednesday, Oct. 31, 2018: Zone meets completed by this date**
- **Monday, Nov. 5, 2018: Scratches from Coaches due to Zone Reps**
- **Wednesday, Nov. 7, 2018: Entries from Zone Reps due to Prov. Rep**
- **Friday, Nov. 9, 2018: Scratch deadline for Provincial Meet**

Entry fees

- Individual Events: **\$10.00** Relay Events: **\$20.00**
- The fees will be assessed based on swimmers qualifying as of the entry deadline
- **Scratches due to Zone Reps: Monday, November 5, 2018, 5:00pm, even if swimmers/relays are not in an advancing position.** Reminder: Schools are responsible for payment for swimmers who scratch after the scratch deadline.
- **BC School Sports will send an invoice to your school based on the entries as of the scratch deadline, as well as an empty lane fee for missed swims, so confirm your attendance early. Do not bring cheques to the Meet.**
- **Teams will be assessed a \$50 empty lane fee for swimmers failure to show up at the Championship meet without scratching.**
- Travel Grants from Viasport and the Aquatics Commission have been provided based on distance and number of athletes attending Provincials. This grant is determined on an annual basis and will be confirmed at Provincials

Zone entry details

- **Zone meets must be completed by Wednesday, October 31st, 2018.**
- **All zone meets and entries must use Hytek Meet Manager software.**
 - If a school is unable to use Hytek, they can pay a \$50 fee and their entries will be completed by a Commissioner appointed representative
- Here is a link to the Hy-tek Team Manager page where schools can download the free Lite version: <http://www.hy-tek.com/downloads.html>
- Swimmers must record a time at the Zone meet in any one event to be eligible to swim at the Provincial Championship Meet.
- **Zone reps** will send all results to **Provincial Entry Coordinator**, including scratches until the scratch deadline and include any alternates that will move into the spots. Alternates will not be allowed after the scratch deadline. (email for entries will be sent to Zone Reps only)
- **Zone Reps are responsible for ensuring athletes are notified if they qualify for Provincials due to scratches. This should be done prior to the November 7 entry deadline.**
- **Entries from Zone Reps due Wednesday, November 7th, 2018 to the Provincial Entry Coordinator.**
Entries must be accompanied by a Meet Manager backup database from the zone meet.
 - Provincial Entry Coordinator will not respond to requests from individual coaches. All communication must go through the Zone Rep.

Meet Officials

- Meet Manager: Mika Sato
- Meet Referee: Barry Parish
- Entry Coordinator: Rob Traynor
- Electronics/Office: Dave Archibald/Michelle Rapier

Timers/Stroke and Turn Officials (Parents, PLEASE help us run our meet!!)

Lane Timers: sign up on <https://goo.gl/forms/C402R5P5YzAVGiqn1>

Stroke and Turn Officials: sign up on <https://goo.gl/forms/vLk05zZrAuLeqkVU2>

Timers/Officials meeting will be held at 10:30am on Friday and 8:30am on Saturday.

* Volunteers will be given a shirt to wear and keep. No guarantees if signing up after Nov. 1st, 2018.

Zone Representation

| Zone | # of entries | Zone Reps | Email |
|----------------------------------|--------------|--------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Vancouver / Richmond | 5 | Chris Read | cread@wpga.ca |
| Fraser Valley | 10 | Heike Beer Cecilia Rodriguez-Lang | hbeer@southridge.bc.ca crodriguez-lang@southridge.bc.ca |
| Burnaby / New West / North Shore | 6 | Gerry Karvelis | gkarvelis@sd44.ca |
| Vancouver Island | 5 | Laurel Laturnus | vihighschoolswimming@gmail.com |
| Okanagan | 3 | Graham Gale | ggale@sd19.bc.ca |
| Kootenay | 3 | Deanna Holziki | DHolitzki@sd8.bc.ca |
| North Central | 3 | Heather Fisher | heatherfisher@sd28.bc.ca |
| North West | 3 | Dustin Hersee | dustin.hersee@sd54.bc.ca |

Warm ups

- Warm Up Lane Assignments will be posted at the meet.
- Warm up Lanes will be available throughout the meet in the shallow end.
- Coaches are to instruct their swimmers on how to enter the pool (no diving except in designated sprint lanes or when only going in one direction. Coach MUST be managing the lane).
- ***Sprint Lanes will open in Lanes 1 and 8 ten minutes before the close of warm-up.***

Warm-up 1 (Friday 9:45-10:15am/Saturday 7:45-8:15am)

Fraser Valley / Vancouver, Richmond / Kootenay / North Central

Warm-up 2 (Friday 10:15-10:45am/Saturday 8:15-8:45am)

Vancouver Island / Burnaby, New West, North Shore / Okanagan / North West

Swimmer Supervision

If a sponsor teacher/coach is not accompanying the swimmer(s), a designated parent needs to have a letter from the school authorizing them to make decisions on behalf of the school (eg. DQ protests, vote at AGM, etc.).

Classification of Categories

All swimmers are limited to a total of four events including alternate entries. No time(s) recorded at this meet by SNC / SwimBC members may be used for Provincial or National Qualification or any Team selection since this is an unsanctioned event.

A Category:

- ***New*: Any swimmer with an SNC number who has competed in a Winter Swim Meet OR has swum with a year-round club as of September 1 of the previous year is classified as an A category swimmer.**
 - **Year round is defined as swimming more than four months outside of the High School Swim Season**
- Swim academy athletes must participate in in the A category only
- B swimmers can compete in any A Category due to no SNC sanction. No SNC number is required to swim in the A Category
- **International swimmers that have participated with a year-round club are considered A swimmers**

B Category:

- As of January 1st of the championship year, a B Category swimmer trains and competes from May 1st to Sept. 1st with no restrictions
- From Sept. 2nd to April 30th a B swimmer may train with their high school team and may participate in other speed swimming training such as winter maintenance, Triclub, private coaching. They may not compete in a Winter Swim Meet with an SNC number.
- Any swimmer in the 'A' category who is registered in a 'B' event will be disqualified from the Meet. This includes relay teams.
- B swimmers may swim in B or A category relays but may not swim in the same relay in both the A and B event. (Ex: "A" 200 Free Relay OR "B" 200 Free, but not both).

Para Category:

A Para swimmer can compete in any BCSS event. A Para athlete must follow the classification as per Swimming Canada

- He or she will be placed in order of finish by gender.

Championship Rules

1. All competitors must be registered with BC School Sports and meet BCSS eligibility rules. Any swimmer who is not registered faces disqualification and/or school fines.
2. The meet will use the One Start Rule, and the relay rules.
3. The Meet will consist of Preliminaries and Finals. Swimmers qualifying for finals will have **60 minutes** from the time official preliminary results are posted to scratch from finals. Teams who do not scratch a qualifying swimmer, who **fails to show up for finals**, will be assessed a **\$50 empty lane fee. All scratches must be completed by 60 minutes of prelims ending.**
4. Competitors must wear only one swimsuit. For boys, the suit shall not extend above the navel or below the knee. For girls, the suit shall not cover the neck, nor extend past the shoulder, nor extend below the knee. All swimsuits shall be made from textile materials and have no zippers.
5. Each swimmer is limited to a total of 4 events. These events may be individual swims, relays or a combination. Listing as an alternate on a relay will count as one of the 4 events.
6. All swimmers must have swum at their Zone meet in order to compete at Provincials.
7. A swimmers may not compete in B events.
8. B swimmers may compete in A Category events (both individual and relay events).
9. Each individual event will include a Championship Final (places 1-8) and a Consolation final (places 9-16), regardless of how many athletes are competing.
10. Relays will include a Championship Final (places 1-8) and a Consolation Final (places 9-16).
11. As per the resolution passed at the 2016 AGM, Swimming has three Girls' Team Championship Banners (A, AA, AAA) and three Boys' Team Championship Banners (A, AA, AAA). School classification is based on BCSS school data provided for total number of students in grades 11-12.
AAA 425+ AA 126-420 A 1-125

Relay Rules

12. Any swimmer who swims at the zone meet is eligible to swim on a relay at the Provincial meet.
13. The make-up of a qualifying relay team may be changed between the zone meet and provincials, but not between heats & finals at the provincial meet (except to use a designated alternate). **Names of swimmers on your relay teams, including alternates MUST be submitted** no later than 30 minutes before the start of the meet, but preferably with your entries. **The order on the relay card is the order that the swimmers MUST use in the race. Failure to swim in the same order will result in a Disqualification.**
14. A swimmer may not scratch an individual event at Provincials in order to move into a relay event.
15. All individual events entered at the Provincial Meet will count as one of the 4 events allowed, whether the swimmer swims the individual event or not.
16. No more than 2 teams for each school will be allowed to compete at Provincials in each relay event.
17. Mixed relay events must include 2 boys and 2 girls.
 - o Single gender schools are not permitted to combine for the purpose of creating a mixed relay.
18. A minimum qualifying time must be achieved for events 15 to 18 (400 Free relays). Both Open and B categories must achieve 6:30 minutes or better.

Coaches

Please note that all food will be served at the coaches table (no access permitted to the food prep room). Please ensure you are seated if you would like food. Please bring a reusable mug / water bottle for all drinks.

Points System for Scoring the Championship Meet

Individual events

| 1st | 2nd | 3rd | 4 th | 5 ^{t h} | 6 ^{t h} | 7th | 8 th | | | | | | | | | |
|-----|-----|-----|-----------------|----------------------|----------------------|-----|-----------------|-----------------|------------------|------------------|------------------|------------------|------------------|------------------|------------------|--|
| 20 | 18 | 16 | 15 | 14 | 13 | 12 | 11 | 9 th | 10 th | 11 th | 12 th | 13 th | 14 th | 15 th | 16 th | |
| | | | | | | | | 10 | 8 | 6 | 5 | 4 | 3 | 2 | 1 | |

Relay Events

| 1st | 2nd | 3rd | 4 th | 5 ^{t h} | 6 ^{t h} | 7th | 8 ^{t h} | | | | | | | | | |
|-----|-----|-----|-----------------|----------------------|----------------------|-----|----------------------|-----------------|------------------|------------------|------------------|------------------|------------------|------------------|------------------|--|
| 40 | 36 | 32 | 30 | 28 | 26 | 24 | 22 | 9 th | 10 th | 11 th | 12 th | 13 th | 14 th | 15 th | 16 th | |
| | | | | | | | | 20 | 16 | 12 | 10 | 8 | 6 | 4 | 2 | |

PARA scoring is a reverse format and based on the number of swimmers in each event. Example:

8 swimmers (20-18-16-15-14-13-12-11)

4 swimmers (14-13-12-11)

1 swimmer (11)

Scoring for Aquatics Banners

- **Swimming** - points will be totaled as above. A school with the most amount of points in each category (A, AA, AAA) will win the corresponding girls or boys banner.

Award Presentations

- Individual and Relay trophies and Medals will be awarded during Finals on Saturday. A short break between each blocking of events will be held so a formal presentation for each race can be made to announce the results and highlight each recipient. Please see order of events in this package for award presentation times. Swimmers must be present in order to receive their medals. Swimmers will be given enough time to return to the blocks for their next race, if necessary.
- Swimmers will keep their medals after these presentations. No medals will be mailed. *No ribbons will be awarded.*
- Banners for Boys' Team Champions and Girls' Team Champions will be presented at the conclusion of Finals.

Bursaries:

- ❖ Six bursaries in the amount of \$250 each will be awarded this year.
- ❖ Three will be presented to both female and male swimmers.
- ❖ Eligible swimmers must be a Canadian citizen competing in speed swimming at the Provincial Championships and be in Grade 12.
- ❖ Winners will be selected by a random draw prior to the AGM.
- ❖ **Sponsor Teachers/Coaches:** Forward the name of ONE male swimmer and ONE female swimmer from your team to the Aquatics Commissioner by Friday November 9, 2018. No entries will be permitted at the AGM.
- ❖ Winners will be announced on Saturday morning prior to the start of the Finals.

Live Results on Meet Mobile app

Water bottles/Coffee mugs:

In an effort to be environmentally responsible, please bring your own water bottles and coffee mugs.

BC SCHOOL SPORTS PROVINCIAL SWIMMING CHAMPIONSHIPS

ORDER OF EVENTS

| Event # | Event | Category | Event # | Event | Category |
|---------|------------------------|----------|---------|------------------------------|----------|
| 1 | 200 Medley Relay | Girls B | 24 | 100 Freestyle | PARA |
| 2 | 200 Medley Relay | Boys B | 25 | 100 Freestyle | Girls B |
| 3 | 200 Medley Relay | Girls A | 26 | 100 Freestyle | Boys B |
| 4 | 200 Medley Relay ** | Boys A | 27 | 100 Freestyle | Girls A |
| 5 | 50 Freestyle | PARA | 28 | 100 Freestyle ** | Boys A |
| 6 | 50 Freestyle | Girls B | 29 | 200 Mixed Medley Relay | B |
| 7 | 50 Freestyle | Boys B | 30 | 200 Mixed Medley Relay ** | A |
| 8 | 50 Freestyle | Girls A | 31 | 50 Butterfly | PARA |
| 9 | 50 Freestyle ** | Boys A | 32 | 50 Butterfly | Girls B |
| 10 | 50 Backstroke | PARA | 33 | 50 Butterfly | Boys B |
| 11 | 50 Backstroke | Girls B | 34 | 100 Butterfly | Girls A |
| 12 | 50 Backstroke | Boys B | 35 | 100 Butterfly ** | Boys A |
| 13 | 100 Backstroke | Girls A | 36 | 200 Mixed Free Relay | B |
| 14 | 100 Backstroke ** | Boys A | 37 | 200 Mixed Free Relay ** | A |
| 15 | 400 Free Relay | Girls B | 38 | 100 I.M. | PARA |
| 16 | 400 Free Relay | Boys B | 39 | 100 I.M. | Girls B |
| 17 | 400 Free Relay | Girls A | 40 | 100 I.M. | Boys B |
| 18 | 400 Free Relay ** | Boys A | 41 | 200 I.M. | Girls A |
| 19 | 50 Breaststroke | PARA | 42 | 200 I.M. ** | Boys A |
| 20 | 50 Breaststroke | Girls B | 43 | 200 Free Relay | Girls B |
| 21 | 50 Breaststroke | Boys B | 44 | 200 Free Relay | Boys B |
| 22 | 100 Breaststroke | Girls A | 45 | 200 Free Relay | Girls A |
| 23 | 100 Breaststroke ** | Boys A | 46 | 200 Free Relay ** | Boys A |

**** Award Presentation during Saturday finals.** The meet will be paused so that swimmers can be awarded their medals. There will be time for swimmers to get from podium to blocks.